UNFORGIVENESS

- Do you secretly hope that someone will get what he/she deserves?
- Are you still talking negatively about this person to others?
- Do you indulge in fantasies of revenge—even mild ones?
- Do you spend time mulling over what he/she did to you?
- How do you feel when something good happens to him/her?
- Have you quit blaming this person for how your life has turned out?
- Do you find it difficult to be open and trusting with people?
- Are you frequently angry, depressed, or bitter?
- Do you find it difficult or impossible to thank God for your offender?

Let God examine your heart, does He find any unforgiveness there?

LOVE IS

- Love is patient
- Love is kind
- It does not envy
- It does not boast
- It is not proud
- It is not rude
- It is not self-seeking
- It is not easily angered
- It keeps no record of wrongs
- Love does not delight in evil
- But rejoices with the truth
- It always protects
- Always trusts
- Always hopes
- Always perseveres.

Love never fails 1 Corinthians 13

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FOUR PROMISES OF FORGIVENESS

- 1. I will not think about this incident
- 2. I will not bring up this incident again and use it against you
- 3. I will not talk to others about this incident
- 4. I will not allow this incident to stand between us or hinder our personal relationship

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